

# Coach Training/Match Day Checklist

- 3 days before, remind parents to
  - Add player's availability to TeamSnap
  - Arrive early 15min Practices 30min Games
  - Player needs to wear Team Kits (Jersey, Shorts, Socks)
  - Balls pumped and the correct size
  - Shin guards with socks over them. (Cannot play without them)
  - Soccer cleats or sneakers. (No other cleats allowed)
- Coach Kit (Jersey & Shorts)
- Whistle
- Check gear bag
  - Balls
  - Cones
  - Pinnies
  - First Aid Kit
  - Ball Pump with needles
  - Goalie Gloves (U9 Up)
  - Binder with Medical forms CPR/AED protocol
  - Pop Up Goals (Elite)
- Arrive early
  - 15 min Training (set up)
  - 45 min Match day (set up)
- Check that each player has
  - Team Kit
  - Balls pumped and the correct size
  - Shin guards with socks over them (Cannot play without them)
  - Soccer cleats or sneakers. (No other cleats allowed)
  - Bring own water
- Go over the week's lesson during 30 min warmup
- Ref is at game (Report missing ref to the board)
- Players and Spectators adhere to the league code of conduct. (Report an abuse to the board)